

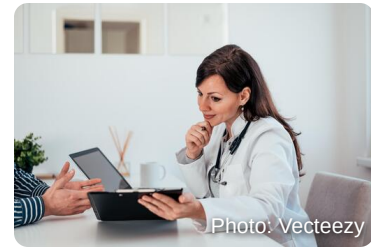


RELIFE REGENERATIVE

Hormone Optimization

Personalized, physician-supervised care built around your full hormonal picture.

Hormones can influence energy, mood, body composition, cognitive function, sexual function, and long-term health. ReLife begins with a comprehensive evaluation - not assumptions - and uses testing to understand what may be contributing to your symptoms.



Why people ask about it

ReLife says hormone optimization may be considered when someone is experiencing:

- fatigue or low energy
- mood or cognitive changes
- weight gain or body-composition changes
- sexual dysfunction
- other possible signs of hormonal imbalance

What a ReLife consultation covers

A clinician reviews your symptoms, health history, medications, goals, and prior testing.

When appropriate, advanced bloodwork may assess sex hormones, thyroid function, adrenal health, and other key markers. Your physician then discusses whether treatment is appropriate and what individualized care could involve.

Care is personalized and monitored

1. Evaluate

Detailed consultation and comprehensive testing.

2. Personalize

A physician designs care around your profile, symptoms, and goals.

3. Begin

Treatment starts only when medically appropriate.

4. Monitor

Levels and symptoms are followed, with adjustments as needed.

Evidence and safety: what to know

Individual evaluation matters. Similar symptoms can have different causes, and a single lab value does not provide the full picture. ReLife's approach combines symptoms, health history, goals, and comprehensive testing.

Benefits and risks are personal. ReLife states that properly supervised and monitored hormone therapy has a well-established safety profile. Your physician should review the potential benefits, risks, alternatives, and monitoring plan for your specific situation. No result can be guaranteed.

Could hormone optimization be right for you?

The next step is a consultation with the ReLife medical team to determine whether evaluation or treatment is appropriate for your needs and goals.

Reply to this email with your best phone number and the best time to reach you, and our team can help arrange a consultation.

info@reliferegen.com | reliferegen.com | Fax: (954) 208-0016

Important: This information is educational only and is not medical advice, a diagnosis, or a substitute for care from a qualified clinician. Treatment decisions should be made after an individualized medical evaluation.

Source: reliferegen.com/treatments/hormone-optimization | Photo source: Vecteezy