



RELIFE REGENERATIVE

Hair Restoration

A clear overview to help you prepare for a conversation with our medical team.

Hair loss can have hormonal, inflammatory, nutritional, or genetic causes. ReLife approaches hair restoration medically: the team evaluates the type and pattern of hair loss, then considers a personalized, physician-supervised plan. Options listed by ReLife include platelet-rich plasma (PRP), exosome therapy, peptides, and nutritional support.



Why people ask about hair restoration

People commonly explore a medical evaluation for:

- gradual thinning or reduced hair density
- androgenetic alopecia (pattern hair loss)
- changes in scalp health or ongoing shedding
- options beyond a one-size-fits-all approach

Suitability depends on the cause of hair loss and your individual health history.

What a ReLife consultation covers

A clinician reviews the type and pattern of hair loss, relevant symptoms, medical history, medications, allergies, nutrition, and your goals.

If treatment is appropriate, the team can explain the recommended option, expected timeline, monitoring, possible risks, alternatives, and cost. The protocol is individualized and may be adjusted based on your response.

What the evidence and safety picture says

Evidence depends on the treatment and diagnosis. Clinical research supports PRP as a possible option for androgenetic alopecia, including improvements in hair density in some studies, but study methods and individual outcomes vary. Evidence for exosome- and peptide-based hair approaches is less established and may depend on the specific product and use.

A medical discussion comes first. Hair growth is gradual, no result is guaranteed, and not every type of hair loss responds the same way. Needle-based scalp procedures can cause temporary discomfort and have other risks. Ask what product or procedure is proposed, whether it has been reviewed or approved by the U.S. Food and Drug Administration for that use, and what risks, alternatives, and aftercare apply to you.

Could hair restoration be right for you?

The first step is an evaluation to identify the likely cause of hair loss and determine whether a ReLife program fits your situation and goals.

Reply to this email with the best phone number and time to reach you, and our team can help arrange a consultation.

Contact: info@reliferegen.com | reliferegen.com | Fax (954) 208-0016

Important: This information is educational only and is not medical advice, a diagnosis, or a promise of results. A licensed clinician should evaluate the cause of hair loss and discuss the potential benefits, limitations, risks, alternatives, and regulatory status of any proposed treatment.

Sources: ReLife Hair Restoration; Zhang X et al., *Platelet-Rich Plasma for Androgenetic Alopecia*, PubMed PMID 37533146; FDA Public Safety Alert on unapproved stem cell and exosome products.